



Tobacco Facts

(Grades 9 -12)

- ***"Secondhand smoke harms every cell in every organ of the human body period."***

Former U.S. Surgeon General Richard Carmona

- People that do not smoke will have more money their whole lives. They will pay less for health and life insurance, doctor's bills, mints, dry cleaning, soap and shampoo, carpet and furniture cleaners. They can also get better jobs since many companies don't like to hire smokers.
- Teens that don't smoke have more dates than smokers do. It's no wonder. They have fresher breath, better smelling skin, clothes and hair, whiter teeth, clearer fingernails, and stronger, fuller hair.
- Nine out of ten high school students in Philadelphia do not smoke. These students aren't fooled by tobacco company propaganda or candy-flavored tobacco and they don't bow down to peer pressure.
- Students that don't smoke have clearer lungs and better hearts than smokers do. They have more strength and stamina when playing ball, running, swimming, skating or doing gymnastics.
- Pets in homes with clean, smokefree air will not be exposed to smoke residue that lands on everything including the pets' fur (which they lick off and ingest) and they will not inhale deadly secondhand smoke.
- High School students that don't smoke will have more options in life. Quitting a pack-a-day habit means a former smoker could save, in only one year, enough money to take a fabulous vacation to Hawaii, put a down payment on a new car or buy books for his/her freshman year in college.
- Nonsmokers have less chance than smokers do of getting cancer (of the lung, breast, stomach, cervix, mouth, throat or lips), leukemia, emphysema, and heart disease. Smoking increases your chances of becoming impotent or blind.