

Artwork:  
Shyanne Nobles, 6h Grade  
Philadelphia Performing Arts  
Charter School



## Quit Tip

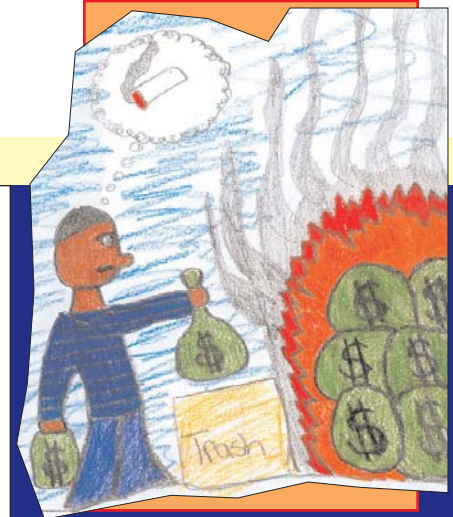
Join a quit smoking class or program, or ask a friend or family member to quit with you.

April / abril						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

June / junio						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

MAY  
2010 MAYO

Artwork:  
Melvin Hawkins, 8th Grade  
St. Francis de Sales



sunday domingo

monday lunes

tuesday martes

wednesday miércoles

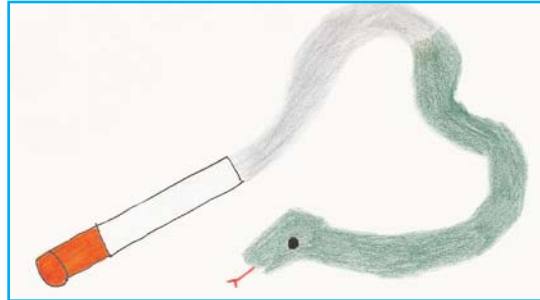
thursday jueves

friday viernes

saturday sábado

## Quit because:

You will have more spending money. A pack a day can add up to \$1,825 a year.



Artwork:  
Brooke Janitsch, 6th Grade  
Philadelphia Performing Arts  
Charter School

1

2

3

4

5

6



7

8

World Asthma Day

9

10

11

12

13



14

15

Mother's Day

16

17

18

19

20



21

22

23  
30

24  
31

World  
No Tobacco  
Day  
Memorial Day

25

26

27



28

29

## Around the World

**Lebanon:** a senior Shiite Muslim cleric — saying he is motivated by love and concern for the health of his followers — issues a religious edict ordering them to stop smoking in May 2001.

**Sweden** prohibits smoking in all bars and restaurants in May 2005.



Free prevention and quit info:  
(215) 683-LIVE  
[www.smokefreephilly.org](http://www.smokefreephilly.org)

NOTES/NOTAS:

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