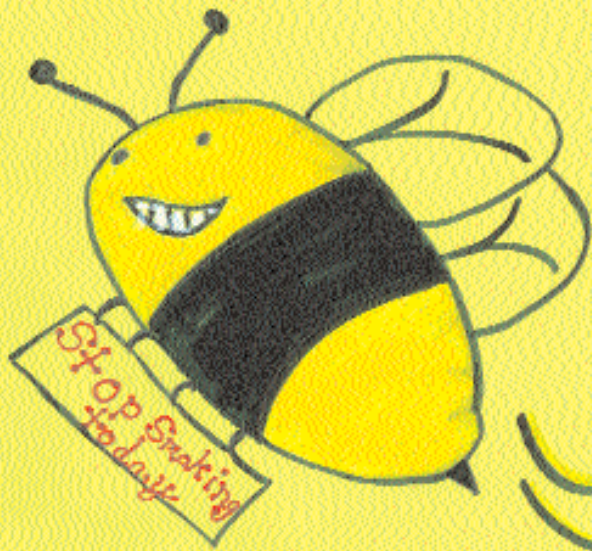


Artwork:
Jessica Lamlin, 3rd Grade
Holy Child Catholic School

BEE SMART...



Hear
the
Buzz



DON'T START!

Quit Tip

If you start smoking
after you quit, try again!
It can take two or more tries
to quit for good.

November / noviembre

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

January / enero • 2011

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

December

2010

DiCiembre

sunday domingo

monday lunes

tuesday martes

wednesday miércoles

thursday jueves

friday viernes

saturday sábado

Quit because:

A year after you quit, your risk of heart disease will be cut in half.



Artwork:
Qian Qian Mei, 3rd Grade
Gen. George A. McCall School

1

2

3

4

Hanukkah begins at sundown

5



6

Islamic New Year begins at sundown

7

8

9

10

11

12

13



14

15

16

17

18

19

20

21



22

23

24

25

Winter begins

Christmas Day

26

27



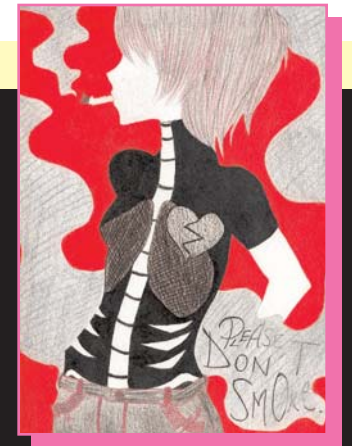
28

29

30

31

Kwanzaa begins



Artwork:
Katina Dinh, 8th Grade
Philadelphia Performing Arts Charter School

Around the World

Switzerland outlaws smoking on trains, buses and boat services, as well as inside transport company buildings in December 2005.

Nova Scotia outlaws smoking in public places in December 2006.



Free prevention and quit info:
(215) 683-LIVE
www.smokefreephilly.org

NOTES/NOTAS:
