

Artwork:

Leighton Goodman-Bardlevens, 11th Grade
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Quit Tip

Get rid of all cigarettes and ashtrays in your home, car and workplace.

FEBRUARY

2009 FEBRERO

Artwork:
Jessica Depta, 12th Grade
S. A. Douglas High School

January / enero						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

March / marzo						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

sunday domingo	monday lunes	tuesday martes	wednesday miércoles	thursday jueves	friday viernes	saturday sábado
1	2 ☾ Groundhog Day	3	4	5	6	7
8	9 ☉	10	11	12	13	14 Valentine's Day
15	16 ☾ Presidents' Day	17	18	19	20	21
22	23	24 ●	25 Ash Wednesday	26	27	28



DID YOU KNOW?

Smoking costs the United States over \$150 billion annually in health care costs.



Free prevention and quit info:
(215) 683-LIVE
www.smokefreephilly.org

Quit because:

Within 20 minutes of quitting, your blood pressure and heart rate will drop to normal.



Artwork:
Kennandi Kamalah, 6th Grade
FACT Charter School

NOTES/NOTAS:
