

Artwork:
Jenna Pierandozzi, 8th Grade
Epiphany of Our Lord School



Quit Tip

If you start smoking
after you quit, try again!
It can take two or more tries
to quit for good.

November / noviembre

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

January / enero • 2010

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

December

2009

DiCiembRe

sunday domingo

monday lunes

tuesday martes

wednesday miércoles

thursday jueves

friday viernes

saturday sábado



Artwork:
Phong Ma, 12th Grade
Olney High School

		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	<p>Quit because: A year after you quit, your risk of heart disease will be cut in half.</p>	

Hanukkah begins at sundown

Islamic New Year

Christmas Day

Kwanzaa begins



Artwork:
Angela Taylor, 12th Grade
Murrell Dobbins CTE

REMEMBERING

December 15, 1966

Animator (and smoker)
Walt Disney, 65, died of lung cancer.



Free prevention and quit info:
(215) 683-LIVE
www.smokefreephilly.org

NOTES/NOTAS:
